

# *The UCSB Gaucho Invitational*

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**LOCATION: UCSB Lagoon Course**

**Date: September 1, 2018**

**Format: 1 girls' short course race, 1 boys' short course race, 1 girls' full course race, 1 boys' full course race**

**Start Time: First race scheduled for 8:00am**

**Cost: \$200 per school: \$20 per individual**

**Checks made to Foothill Technology High Cross Country:**

**100 Day Road, Ventura, Ca 93003**

**ENTRY INFORMATION WILL BE SENT OUT LATER. ENTRIES RECEIVED AFTER AUGUST 25 WILL BE CHARGED AN ADDITIONAL \$100.**

**PLEASE INCLUDE AN ENTRY FOR ANY ATHLETE WHO MIGHT RUN THE RACE.**

Please send attached excel sheet to John Speed at [john.speed@johnspeed.net](mailto:john.speed@johnspeed.net) by August 25

Start: Width is a normal street. 3 tiered. First tier, 8 runners, second tier 10 runners, third tier, the rest of the team. Second tier 5 meters back from start line. Third tier 10 meters back from second tier. Fastest runners in first tier, rookies in the third tier. Every team should have two runners on the start line. Short course basically created for new runners, but you may run your athletes where you want. Very limited medals in the short course race.

Course has asphalt, cement, dirt and a little sand. Goes to single track for a short direction at about 1.35 miles for approximately 100 meters (along the edge of the lagoon). Short course is 1.41 or so course for both girls and boys.

**Parking: \$5 for 5 hours. Suggest parking by San Rafael Dorm and then walking down to the UCEN. Course is directly behind the UCEN**

Questions: Email Ken Reeves: [kenreeves@venturamail.net](mailto:kenreeves@venturamail.net)

2017 Results: Can be found <http://www.speedtiming.net/upcoming-meets-results.html>

Scroll down to UCSB Gaucho Results 9-2-17